

# A Strong Start:

## Your child's **TWO-YEAR-OLD**

### Integrated Review



#### **Age two is an important and exciting stage of development for your child.**

At two years old, you and your child will take part in a Health and Development Review by the Health Visiting Service. If your child attends an Early Years and Childcare Provider (such as a nursery, pre-school or childminder), they will also complete a progress check at age two. The reviews together are named 'The Two-Year-Old Integrated Review'. The reviews will take place separately but, with your consent, will link together to

celebrate your child's achievements and interests and identify any areas they might need help with. Your views are important as you are the one that knows your child best!

If your child needs any extra help the Health Visiting Service and Early Years and Childcare Provider will work together with you to put the support in place as quickly as possible.

## The Health and Development Review by the Health Visiting Service

This review looks at the learning and development, social skills and speech and language skills of your child between the ages of 24 and 30 months. Your Health Visiting Service will contact you to make an appointment to complete the Health and Development Review face to face. You will be given the Ages and Stages Questionnaire (ASQ) to complete about your child. The Health Visiting Service will talk to you about your child's feeding, sleep, development, toileting, dental health, immunisations and general safety during this review.

## The progress check at age two by your Early Years and Childcare Provider

If your child attends an Early Years and Childcare Provider, they are required to complete a progress check for your child at age two. Your Early Years and Childcare Provider will ask you for your thoughts about your child's development and wellbeing.

Both reviews will be recorded in your personal child health record (PCHR) also known as the "red book".



## Frequently asked questions:

### **Q. Why are parents/carers involved in the child reviews?**

A. As a parent/carer you know your child best, so your views of your child's learning and development matter and are highly valued.

### **Q. I am already concerned about my child's development and I am worried about the review.**

A. Firstly, please don't worry. The two-year-old Integrated Review provides a perfect time to discuss your concerns and put a plan together to support your child's needs.

### **Q. My child has a special educational need/disability (SEND) so what will this mean for my child?**

A. You may already have several teams working with you and your child; this may mean that it is not the right time to carry out any additional assessments on your child's progress. Please ask your Early Years and Childcare Provider or the Health Visiting Service for more advice.

### **Q. Can I bring someone with me to my child's reviews with the Early Years and Childcare Provider and the Health Visiting Service?**

A. It is OK to have help with filling in the ASQ if you wish. You can have a relative or friend with you at any of the reviews.

### **Q. How can I support my child with their development?**

A. Your Early Years and Childcare Provider and the Health Visiting Service will discuss with you how you can support your child's learning at home. Why not have a look at the websites and 'Apps' mentioned at the end of this leaflet?

### **Q. What happens if my child does not attend an Early Years and Childcare Provider? Will they still have an Integrated Review?**

A. Not all children attend an Early Years and Childcare Provider, but please be assured every child is offered a Health and Development Review by the Health Visiting Service.

## For more ideas of how to support your child's development

**50 Things To Do Before You're Five** - this free to download app gives you 50 activities to do together with your child.

<https://calderdale.50thingstodo.org/app/os#!/welcome>

**Tiny Happy People** - helps you develop your child's communication skills. Explore simple activities and play ideas and find out about their amazing early development. <https://www.bbc.co.uk/tiny-happy-people>

**Hungry Little Minds** - Simple, fun activities for kids, from newborn to five.

<https://hungrylittleminds.campaign.gov.uk/>



**For information about the Two-Year-Old Integrated Review please contact:**

**Public Health Early Years (PHEYS) Calderdale:**

All families with a child under five will be supported by the Health Visiting Service. They will offer support and advice around your child's growth, health and development. Visit <https://www.locala.org.uk/services/calderdale-pheys> or Call: 030 030 45076

**Family Journey** - For information on the next steps in your child's development journey and support available in Calderdale: Visit [www.calderdale.gov.uk/family-journey](http://www.calderdale.gov.uk/family-journey)

**The Early Years & Childcare Sufficiency Team:** For information on early years, childcare and services to support your family call 01422 392576 email [fis@calderdale.gov.uk](mailto:fis@calderdale.gov.uk)