

## Universal Short Breaks

Can be accessed by all with no assessment required

### Examples of Short Break Available

Universal and mainstream services available to all children: e.g. Youth Groups, Children's Centres, Leisure Centres, Holiday schemes, Out of School Clubs, Voluntary and Community Groups.

Some services have been made more accessible through training, equipment or adaptations e.g. hoists in pools, sensory toys, accessibility. Parent Carers should be aware that services can access training to be more inclusive. See the Local Offer for details.

Check out our [Local Offer](#) and sign up to our [Facebook](#) Page to find out what is available.

## Targeted Short Breaks

Based on child's needs - providers can be approached directly. These are commissioned by Calderdale Local Authority.

### Child/Young Person

### Examples Short Break Available

Child's needs limit their participation in community activities and their development would benefit from additional social and leisure activities.

Examples of services include: Jam packed Summer, Sports Zone, Flamingo Chicks, Trampoline Sessions, Family Fun Swim, Play Services, Disability Sports, Gig Buddies.

## Outreach

At least one from **both** family and child/young person columns

### Family

### Child/Young Person

### Examples of Short Break Available

#### Parent carers' needs

Parents may benefit from advice/information. Child's needs are impacting on parents' personal or social life.

Child's level of needs prevents them from participating in activities and will lead to an impairment of their social or emotional development without significant support

May be eligible for 1:1 personal assistant following assessment (maximum of 6hrs per week, year round) to facilitate accessing activities in the community

#### Siblings' needs

Child's needs significantly restrict siblings' personal or social life and parent ability to meet all of siblings' needs.

#### Parenting/Caring Capacity

Parents need to provide significant care to other dependents who would otherwise be at risk. Parents can only meet their child's needs at risk to their own physical or mental health.

#### Family and environmental factors

Barriers affect family functioning e.g. more than one disabled child, low income, poor housing and socially isolated.

## Children with complex needs requiring integrated support from statutory or specialist services

At least one from **both** family and child/young person columns

### Family

### Child/Young Person

### Examples of Short Break Available

#### Parent carers' needs

Provision of services is required to support parents to provide effective parental care.

Child's care needs, medical needs or need for emotional development and stimulation cannot be met AND/OR may result in need for long term accommodation.

May be eligible for specialist services to ensure needs are met. This would be following an assessment to understand the family's unmet needs.

#### Siblings' needs

Child's needs significantly restrict siblings' personal or social life and parent ability to meet all of siblings' needs.

Services required to prevent risk to the child's growth, development, physical or mental well-being or to prevent the need for long term accommodation and allow the child to remain with family.

Examples of specialist services include personal care in the home, personal assistant to access services, sitting service and overnight short breaks (an assessment by a social worker is required for all overnight support). These provisions are available through Direct Payments or provided services.

#### Parenting/Caring Capacity

Parents' mental or physical health prevents them meeting their child's needs.

#### Family and environmental factors

A number of factors or barriers significantly hinder family functioning e.g. more than one disabled child, extreme poverty/debt, inadequate housing, substantial risk of family breakdown.